

# FITNESS LAUNCH ACADEMY

## NICHE SELECTION

### Key Learning Points:

- 1) What are my greatest strengths?
- 2) What can I teach better than anyone else?
- 3) What fitness problem was I designed to eliminate?
- 4) What do I love doing most in fitness?
- 5) What do I despise doing in fitness?
- 6) Who do I love working with? (gender, age, problem)
- 7) Who do I hate working with? (gender, age, problem)
- 8) Do I like working in groups or privately? Why?
- 9) When do I like to work?

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Student Notes: