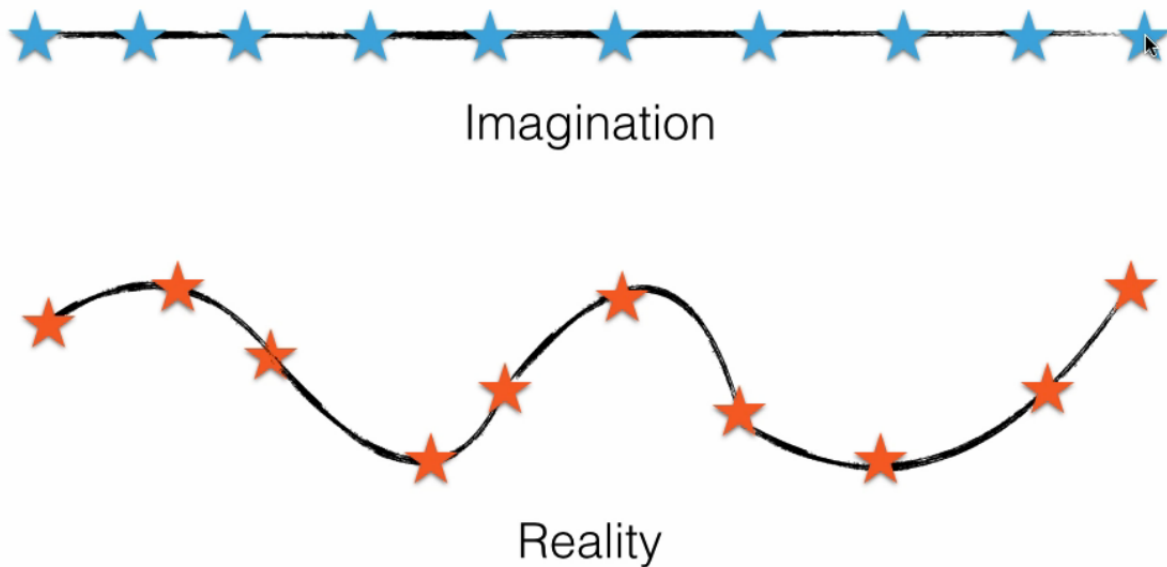


FITNESS LAUNCH ACADEMY

VISION TIMELINE

Key Learning Points:

- 1) Your vision has to be fueled by a strong WHY
- 2) Successful people have the ability to handle tremendous amounts of pain and still keep moving forward.
- 3) Commit to your outcome and enjoy the process.



FITNESS LAUNCH ACADEMY

Student Notes: